

GENERAL		
Communicare Inc	0408 990 534 0488 317 310	NOW (Not our Way) prison and community (Mens behaviour change) & Beyond Violence - community (individual womens program).
Desert Blue Connect	9964 2742	Family violence support and response services. Child and Adult sexual assault counselling. Crisis accommodation for women and children. Women's health & rural support services. Health Promotion & prevention of Family Violence.
Dept of Communities - Child Protection	9965 9500	Child safety & family support services, Parent Information, training & education, intensive family support service, fostering and adoption services,crisis.
Dept of Communities - Housing	9923 4444	Affordable Housing options, private rental assistance.
Disability Advocate for the Midwest	044 725 3516 1300 648 655 (Perth)	Free, one to one advocacy support, independent & confidential advocacy service. Information, referral to other services.
Disability Services Commission -Dept of Communities	6167 7717	Local Coordination support available to people with intellectual, physical, sensory, neurological &/or cognitive disabilities under the age of 65.
Family Protection Unit	9923 4555	Family & Domestic Violence Police Complex Business hours only.
Geraldton Family Relationship Centre	9921 2611	Information and assistance for families focussing on Family Dispute Resolution for separated parents.
Geraldton Courthouse	9921 3722	Thursdays 11 am - 2 pm Justice of the Peace available for signing documents requiring a JP to witness.
Geraldton Family Counselling Service Ngala	9921 4477	Family Counsellor.
headspace Geraldton Mon-Fri 9am-5pm Thurs 9am-8pm	9943 8111	Free-Supporting young people 12-25yrs Safe place to talk, Friendly staff, Confidentiality, No judging, Respect.
GRAMS-Geraldton Regional Aboriginal Medical Service	9956 6555	Primary Health Care, GP Services. Family Health Unit, Social & Emotional Wellbeing Service.
Helping Minds	9964 4688	Support for carers, parents, friends & neighbours supporting someone with mental illness.
Hope Community Services	9921 7409	Adult residential Alcohol & Drug Rehabilitation Service & AOD community support.
JobLink Midwest Career Centre	9964 1022	Career Guidance Centre, Work experience, School Leaver Program. Assistance with interview skills & job applications.
Legal Aid	9921 0200	Legal advice & support.
Midest Mental Health & Community Alcohol Drug Service (CADS)	1800 051 999	Collaborative, consumer focused and recovery orientated services in adult mental health (18 - 65 years), older adult mental health (65+), child and adolescent mental health (0 - 18 years) and community alcohol and drug services
Men's Line counselling	1300 789 978	For men with family & relationship concerns.
Men's Shed Inc	9960 7439	A place for men to meet. Hrs - Monday to Friday 9 am to 2.30 pm
MW Commonwealth Respite & Carelink	1800 052 222 9956 2408	Carer Support Service - respite care & support activities for Carers and Young Carers of persons, who are frail aged, dementia,chronic illness, disability or mental illness.
Midwest Community Living	9921 1505	Individualised support for people who have a disability. Support for individual requirements in the home & community.
Mission Australia	9921 5441	Community services -MW & Gascoyne that aim to reduce & prevent homelessness, supporting people with public tenancy, mental ill health, grandparenting, remote school attendance, family & domestic violence & emergency relief.
Neurological Council of WA	9938 0780	Providing support for those with neurological symptoms.
National Disability Insurance Agency Geraldton office at Centrelink building.	1800 800 110 9960 5709	
Regional Alliance West Inc	9938 0600	Financial Counselling & literacy, Tenant Advocacy, Housing & Homelessness, Legal Advice, Emergency Relief, Prisoner Re-integration.
RUAH	137824	Personalised Community Support and Midwest Respite Services.
SDERA	042 910 4920	Providing support and information on resilience, drug and road safety education for 0-18 years for educators, parents, carers and community.
Victim Support Service	9964 4816	Child Witness Services Victims of Crime Support.
Women's Help Line	1800 811 811	

#### LOW COST ACCOMMODATION and EMERGENCY RELIEF

Chrysalis House Women's Refuge	9964 2173	Crisis accommodation for women & children.
Salvation Army	9965 2467 0417 301 150	Crisis accommodation 3 x bedroom for families & single parents, with children up to 15ys. & other supports.

WEBSITES	
AVIVO	avivo.org.au
Centacare	centacaregeraldton.org.au
Centrelink	centrelink.gov.au/internet/internet.nsf/online_services/index.htm
Desert Blue Connect	desertblueconnet.org.au
Beyond Blue	beyondblue.org.au/home
Regional Alliance West Inc	raw.org.au
RUAH	ruah.org.au
GRAMS-Geraldton Regional Aboriginal Medical Service	grams.asn.au
headspace	headspace.org.au facebook.com/headspaceGeraldton/?
HelpingMinds	helpingminds.org.au
Midwest Community Living	midwestcommunityliving.org.au
MHFA	mhfa.com.au/
Neurological Council of WA	ncwa.com.au
SEDERA	sdera.wa.edu.au
Pregnancy Problem House	pregnancyproblemhouse.com
Reachout	au.reachout.com/
Real Futures	realfutures.net/locations/geraldton/
Suicide Call Back Service	suicidecallbackservice.org.au
Y Beyond Blue	youthbeyondblue.com/
360 Health	360.org.au/Services/Mind-Care
Mental Health Commission Help lines	mhc.wa.gov.au/getting-help/helplines/

Compiled by MW Yellow Ribbon for Life Inc.  
NFP Prevention of Suicide [www.yellowribbonmidwest.org.au](http://www.yellowribbonmidwest.org.au)

#### CRISIS LINES

##### EMERGENCY - 000 Police/Ambulance/Fire

Alcohol and Drug Support Line	1800 198 024
Beyond Blue Help line 24/7	1300 224 636
Desert Blue Connect Sexual Assault Crisis Line 24/7	1800 016 789
Crisis Care 24/7	1800 199 008
Disability Services	1800 998 214
Drug & Alcohol Information Service	1800 198 024
Meth Help Line 24/7	1800 874 878
Family Drug support line	1300 368 186
Family Help Line	1800 643 000

##### EMERGENCY RELIEF

Centacare	9921 2749	Food Vouchers & Advocacy.
Disaster Relief	9921 5416	
Foodbank Geraldton	9964 8011	Food Relief for those experiencing food insecurity & financial difficulty.
Regional Alliance West	9938 0600	
Lighthouse Church	9964 4169	Taste & See 11.30am - 1pm Wednesdays Lunch.
Mission Australia	9921 5441	
St Vincent de Paul	9921 7617	Various Assistance.
Suncity Care Inc.	9964 1000	Food parcels Tues, Wed, Frids 1pm-3pm. soup and food van Wed evenings.

Many other numbers for specific categories. Telephone Directory Pages 2-3 Also Local Business & Community Directory Page 1

#### HEALTH / HOSPITALS

Geraldton Regional Hospital (for Accident & Emergencies)	9956 2222	
St John of God Hospital	9965 8888	
GRAMS-Geraldton Regional Aboriginal Medical Service	9956 6555	Aboriginal Community Controlled Health Organisation (ACCHO)

# Geraldton Services & Resources Lighthouse Pamphlet September 2020

Sponsored by





**WA Primary Health Alliance**  
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COUNTRY WA

An Australian Government Initiative

Yellow Ribbon for Life

"For a digital listing of health services in your area, please visit [www.mycommunitydirectory.com.au](http://www.mycommunitydirectory.com.au)"

Website: [yellowribbonmidwest.org.au](http://yellowribbonmidwest.org.au)

<b>MEN</b>	<b>Name</b>	<b>Phone No</b>	<b>Work Speciality</b>
	Men's Line counselling	1300 789 978	For men with family & relationship concerns (see general section)
	Aboriginal Family Law Services	9965 4654	Provide free culturally secure legal & support service to Aboriginal & Torres Strait Islander victims-survivors of family violence &/or sexual assault.
	Centacare Children's Contact Service	9921 1433	Supervised Changeover & visits for separated families.
	Centacare Family Services	9921 1433	Counselling for families, individuals, couples & children. Grief & Loss workshops, Marriage Preparation Courses.
	Communicare Inc	0408 990 534 0488 317 310	NOW (Not our Way) prison and community (Mens behaviour change).
	Desert Blue Connect Men's Community Intervention service (MCIS)	0499 348 006	For men who perpetrate family violence and are willing and motivated to seek assistance with their current circumstances and violent abuse.
	Geraldton Family Relationship Centre	9921 2611	Information and assistance for all families and parenting or property Dispute Resolution for separated families.
	headspace Geraldton	9943 8111	Supporting young people 12-25yrs Free & safe place to talk, Confidentiality, No judging, Respect. Mon-Fri 9am-5pm Thurs 9am-8pm.
	GRAMS-Geraldton Regional Aboriginal Medical Service	9956 6555	Men's Health Services.
	Menshed Geraldton Inc	9960 7439	A place for men to meet. Open Monday to Friday 9 am to 2.30 pm.
	Mens Hub	99220240	Men's health & wellbeing Information, Workshops, Referrals, Men's Groups, Counselling, Education.
	headspace Geraldton	9943 8111	Supporting young people 12-25yrs. Free & safe place to talk Confidentiality, No judging, Respect. Mon-Fri 9am-5pm Thurs 9am-8pm
	Regional Alliance West Inc	9938 0600	Financial Counselling & Literacy, Tenant Advocacy, Housing & Homelessness, Legal Advice, Emergency Relief, Prisoner Reintegration.
<b>WOMEN</b>			
	Aboriginal Family Law Services	9965 4654	For women with family & relationship concerns (see general section)
	Centacare Children's Contact Service	9921 1433	Supervised Changeover & visits for separated families.
	Centacare Family Services	9921 1433	Counselling for families, individuals, couples & children. Grief & Loss workshops, Marriage Preparation Courses.
	Communicare Inc	0408 990 534 0488 317 310	Beyond Violence - community (individual womens program)
	Desert Blue Connect	9964 2742	Women's Health and unplanned pregnancy counselling.
	Geraldton Family Relationship Centre	9921 2611	Information and assistance for all families and parenting or property Dispute Resolution for separated families.
	Regional Alliance West Inc	9938 0600	Financial Counselling & literacy, Tenant Advocacy, Legal Advice Emergency relief, Private Rental Assistance, Financial, Homelessness Services, Prisoner & Ex-prisoner Re-integration
	headspace Geraldton	9943 8111	Supporting young people 12-25yrs safe place to talk, Friendly staff, Confidentiality, No judging, Respect, Free. Mon-Fri 9am-5pm, Thurs 9am-8pm.
	GRAMS-Geraldton Regional Aboriginal Medical Service	9956 6555	Women's Health Services.
	Pregnancy Problem House	1300 200 406	Provides free, confidential, & compassionate service to those needing help with current, past or suspected pregnancy. Mon, Wed, Fri 10am - 3pm.
	Tiny Toes	9964 4169.	Second Hand Baby Clothes Mon-Fri 10am-3pm.
	Women's Help Line	1800 811 811	
<b>YOUTH GROUPS</b>			
	Geraldton Aboriginal Streetwork Corporation	9921 2890	Youth activities & support. Holiday activity programs.
	Police & Community Youth Centre	9921 1317	After school Sporting & Circus Activities Holiday programs for 6 - 13 yrs aged children.
	Sun City Christian Centre	9964 1000	Youth Group Friday 7pm-9pm for yr7-yr12 youth- Reg 6.30pm

<b>YOUTH SUPPORT</b>		
Apprenticeship Support Australia	0437880524	Information on apprenticeships, traineeships & support.
Centacare Children's Contact Service	9921 1433	Supervised Changeover & visits for separated families.
Centacare Family Services	9921 4333	Counselling for families, individuals, couples & children. Grief & Loss workshops, Marriage Preparation Courses.
Child & Adolescent Mental Health Service	9956 1999	
Dept for Communities Child Protection	9965 9500	Child & Family Issues.
headspace Geraldton Mon-Fri 9am-5pm Thur 9am-8pm	9943 8111	Free confidential support for young people 12-25 years with Mental Health counselling, Drug & Alcohol Support, Work & Study Support. A safe space - no shame in talking it out.
GRAMS-Geraldton Regional Aboriginal Medical Service	9956 6555	Youth Health Services & Support.
Helping Minds	9964 4688	0-18yrs anyone at risk or needing help, early prevention program.
Midwest Gascoyne Youth Justice Services	9920 8600	Support for families & young offenders.
Ngala Midwest Gascoyne	9921 4477	Family & Youth Support Programs. Family Counsellor - Men, Women, Families & Children.
S.T.A.Y. (Short Term Accommodation for Youth)	9921 5696	Short Term Accommodation for Youth. Target group 15yrs - 19yrs.
<b>SENIORS</b>		
ACAT	9956 2310	Aged Care assessment.
Advocare	1800 655 566	Advocacy for aged
Community Day Care	9956 1904	Day time activities for aged & Young People with disabilities.
Elder Abuse Help Line	1300 724 679	
GRAMS-Geraldton Regional Aboriginal Medical Service	9956 6555	Elders Health Care.
QEII Seniors & Community Centre	9921 2684	Various Seniors programs & resources.
<b>AGED ACCOMMODATION</b>		
Opal Aged Care Geraldton Nursing Home	9921 5010	
Hillcrest Juniper Aged Care	9964 3108	
Nazareth House	9923 5000	
<b>GENERAL</b>		
Aboriginal Family Law Services	9965 4654	Provide free, culturally secure, legal & support service to Aboriginal & Torres Strait Islander victims-survivors of family violence &/or sexual assault.
Aboriginal Legal Service	9921 4938	Legal advice & support.
Alcoholics Anonymous	049 935 7175	Support for people with alcohol problems.
Alcohol and Drug Support Line	1800 198 024	
ATLAS (Access to Sport and Leisure)	9956 2180	Inclusive Community Recreation support service for people with a disability.
AVIVO	9920 7601 1300 428 486	We work together with people, in the areas of mental health, disability and aged care to live life.
Bundiyarra	9920 7900	Aboriginal organisations in Geraldton providing Administrative & bookkeeping support, co-ordination of activities, building trust & friendship between Aboriginal & non-Aboriginal people. Irra Wangar language centre, Aboriginal Environmental Health Programs.
Cancer Council WA Support 131120 or 0438 482 472	Reg Education 0434 913 430	Provides information, psycho-social & practical support. Education of cancer prevention & early detection info.
Centacare Children's Contact Service	9921 1433	Supervised Changeover & visits for separated families.
Centacare Family Services	9921 1433	Counselling for families, individuals, couples & children. Grief & Loss workshops, Marriage Preparation Courses.
Centrelink - Employment Services	132850	Older Australians 132300 Disability & Carers 132717
Child Witness Support	9921 3722	Assisting children who may need to give evidence by providing non-evidentiary practical & emotional preparation & support.