



LEARN PRACTICAL FIRST AID SKILLS

- Recognise common mental health problems in people engaging in
- +HOS WKH SHUVRQ VWD\ VDIH
- &RQQHFW SHRSOH WR SURIHVVLRQDO DQG
- 5HVSRRG LQ D FULVLV VLWXDWLRQ
- 7KLV LV D KRXU HGXFDWLRQDO FRXUVH
- QRW D WKHUDS\ RU VXSSRUW JURXS

DATES

TIMES

COST

VENUE

FACILITATOR/S



HOW DO I SIGN UP?