



Stronger Smarter

YARNS FOR LIFE

This is a one day, early suicide prevention training program created for and with First Nations Peoples, including Professor Chris Sarra of the Year, 2016 NAIDOC Person Of The Year.

1. An awareness of the prevalence of mental illness and suicide in Australia generally and for Aboriginal and Torres Strait Islanders
2. A strengths based approach to social support and suicide prevention
3. An understanding of the unique factors contributing to thoughts of suicide for First Nations People, including the impact of colonisation
4. The skills and knowledge to identify signs and debunk social myths
5. Tailored Indigenous mental health conversation planning tools
6. List of suitable referral, support options and resources at local and national levels.

Training Dates:

Time: 8.45am until 4pm

Venue: Ngala 24 Gregory Street Geraldton.

Refreshments & lunch will be provided.

Registration at:

<https://www.yellowribbonmidwest.org.au/stronger-smarter-yarns-for-life/>

Facilitated by: Derise Jones Robyn Hunt Sarah Collins

For more information: Ph: Derise 0409 266 722

FREE EVENT supported by WAPHA

