

YOUTH'S SERVICES		
Name	Phone No	Work Speciality
Apprenticeship Support Australia	1300 363 831	Apprenticeships & traineeship info/support.
Child & Adolescent Mental Health Service	1800 048 636	Support, advice & treatment.
Child Protection (Department of Communities)	6277 5151	Support for children, young people & families who are in need, at risk or in crisis
Child Witness Support	9921 3722	Support/assistance for children who may need to give evidence
Fusion Geraldton	9965 0517	Works to break the cycle of fatherlessness; operates a long-term recovery program for people with severe and persistent mental illness
headspace Geraldton	9943 8111	Counselling for 12-25 year olds in Mental, Physical Health, Alcohol & other Drugs
Helping Minds	1800 811 747	0-18yrs at risk or needing help, early prevention program/support for anyone supporting someone with mental illness
Horizon House	0447 275 494	16 - 22yrs at risk of homelessness or are homeless
Life without Barriers	1300 592 227	Seeking emergency, respite, short- and long-term foster carers
Midwest Gascoyne Youth Justice Services	9920 8600	Support for families & young offenders.
Police & Community Youth Centre	9921 1317	Sporting & Circus activities, Holiday programs for 6 - 13 yrs
SDERA	0429 104 920	Resilience, drug & road safety education for 0-18 yrs
STAY Geraldton	9921 5696	Short Term Accommodation for Youth 15 - 19 yrs
Streeties (Geraldton Streetwork Aboriginal Corporation)	9921 2890	Youth activities & support, and holiday activity programs
Youth Focus	9943 8111	Free, professional counselling & mental health services for 12 - 25 year olds.
WOMENS SERVICES		
Chrysalis House Women's Refuge	9964 2173	Crisis accommodation for women & children
Desert Blue Connect	9964 2742	Women's health, unplanned pregnancy support, sexual assault services, family violence response, crisis accommodation for women and children and.
Pregnancy Problem House	1300 200 406	Free service to those needing help with current, past or suspected pregnancy.
SENIOR'S SERVICES		
Advocare	1800 655 566	Advocacy for the aged
Aged Care Assessment Team	9956 2310	Aged Care assessment
Elder Abuse Help Line	1300 651 192	Free and confidential helpline.
Juniper Hillcrest	9920 8300	Aged care & nursing home
Nazareth House	9923 5000	Aged care & nursing home
Opal Aged Care	9921 5010	Aged care & nursing home
QEI Seniors & Community Centre	9956 6636	Various Seniors programs & resources

GENERAL INFORMATION

KEY:

In the interests of including as many entries as possible in this pamphlet, we have combined some entries.

An organisation that is in the green category has services available for everyone – please look there first.

The other headings contain organisations that only provide services for youths, seniors, men & women.

ABOUT US:

Midwest Yellow Ribbon for Life is a not-for-profit community-based organisation, committed to promoting mental wellness and prevention of suicide.

We also run various training courses that are open to the general public:

- Standard Mental Health First Aid & refresher
- Conversations for Life
- Stronger Smarter YARNS for Life
- MHFA Conversations about Suicide
- MHFA Non-suicidal self-injury

Please see our website for more details:
<https://www.yellowribbonmidwest.org.au/>

If you have any feedback or would like your organisation to be added to the next print run of the pamphlet, please email secretary@yellowribbonmidwest.org.au

For a digital listing of health services in your area, please visit:
<https://www.mycommunitydirectory.com.au/>

Website:

[yellowribbonmidwest.org.au](https://www.yellowribbonmidwest.org.au)

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Geraldton Services & Resources Lighthouse Pamphlet September 2024



CRISIS LINES

EMERGENCY - 000 Police/Ambulance/Fire

Men's Domestic Violence Helpline	1800 000 599
Meth Helpline	1800 874 878
Police - Geraldton	13 14 44
Rural Link Mental Health Support	1800 552 002
Samaritans	135 247
Suicide Call back Service	1300 659 467
WA Poisons Information Centre	13 11 26
Women's Domestic Violence Helpline	1800 007 339
Youthline (Suicide)	1800 350 670
13 YARN	13 92 76
Alcohol and Drug Support Line	1800 198 024
Beyond Blue Help Line	1300 224 636
Crisis Care	1800 199 008
Desert Blue Connect Sexual Assault	1800 016 789
Disability Services Commision	1800 998 214
Family Drug Support Australia	1300 368 186
Family Help Line	1800 643 000
Kids Help Line	1800 551 800

MEN, WOMEN, YOUTH, SENIOR		
Name	Phone No	Work Speciality
360° Health & Community	9960 6800	Counselling, health & disability services
Aboriginal Family Law Services	9965 4654	Culturally secure legal & support service to victims-survivors of family violence &/or sexual assault.
Aboriginal Legal Service	1800 019 900	Legal advice & support.
Alcoholics Anonymous	0474 803 738	Support for people with alcohol problems
ATLAS (Access to Leisure and Sport)	9956 2180	Recreation support service for people with a disability.
AVIVO	1300 428 486	Support those with disability, ageing or mental ill-health.
Bundiyarra Aboriginal Community Aboriginal Corporation	9920 7900	Aboriginal organization providing a large range of programs and services to support the Aboriginal community
Cancer Council WA	13 11 20	Information, prevention & early detection
Carer Gateway	1800 200 422	Respite care & support activities for Carers
Centacare	9921 2749	Children's contact services, volunteering services, emergency food vouchers, advocacy.
Centacare Emergency Relief	9921 2749	Emergency food relief and referrals (Mon, Tue, Thu, Fri 9:30am - 12pm)
Centacare Housing First Support Services	0476 227 694	Supporting individuals and families sleeping rough.
Centrelink	13 24 68	Employment services
Child Protection (Department of Communities)	6277 5151	Support for children and young people & families who are in need, at risk or in crisis
Child Witness Support	9921 3722	Practical support/assistance for children who may need to give evidence
Communicare Inc	6370 1801	Works with individuals & families to develop non-violent and respectful family relationships.
DVassist	1800 808 083	Counseling service for those experiencing family & domestic violence
Family Protection Unit - WA Police Force	9923 4555	Family & Domestic Violence Police Complex, <i>Business hours only.</i>
Foodbank Geraldton	9964 8011	Food relief organisation
Friday Circulars (fridcircs@westnet.com.au)	0411 694 580	Weekly email listing training courses and events.
Geraldton Courthouse	9921 3722	Justice of the Peace
Geraldton Cultural Trust	0473 587 789	321 Marine Terrace - resources, library
Geraldton Family Relationship Centre	9921 2611	Info/support for all families, parenting/property dispute resolution for separated families.
Geraldton Regional Hospital	9956 2222	Accidents and emergencies
GRAMS-Geraldton Regional Aboriginal Medical Service	9956 6555	Health Care, GP Services, Family Health Unit, Social & Emotional Wellbeing Service for all
Head to Health Phone Service	1800 595 212	Provides free mental health assessment and referral
Here For You (7am - 10pm, 7 days a week)	1800 437 348	Counselling for those concerned about their own or another person's alcohol & other drug use and/or mental health issues
Hope Community Services	9926 1987	Adult residential AOD Rehabilitation Service & community support.
Housing (Department of Communities)	9923 4444	Delivers affordable regional housing
Individual Disability Advocate	1300 648 655	Free, one to one advocacy support & information, referrals to other services
JobLink Midwest Career Centre	9964 1002	Career Guidance Centre, School Leaver Program. Assistance with interview skills & job applications.

Name	Phone No	Work Speciality
Legal Aid	9921 0200	Legal advice & support
Lifeline	13 11 14	Crisis support for individuals experiencing emotional distress. Suicide prevention service
Lighthouse Church	9964 4169	Free lunch (11:30am - 12:30pm on Wednesdays)
MEEDAC	9960 9800	Community & Employment Services. Includes Bus Patrol.
Midwest Community Living Association	9921 1505	Support for people with disability and their families
Midwest Mental Health & Community Alcohol Drug Service (CADS)	1800 051 999	Alcohol & Drug issues & Parent/Carer support, counselling & education.
Midwest Yellow Ribbon for Life	0428 381 545	Promoting mental wellness, support group for grief, courses to the public.
Mission Australia	9921 5441	Helps find safe & affordable housing, support disadvantaged children and families, empower troubled young people, assist people with disability.
National Disability Insurance Scheme (NDIS)	1800 800 110	Supports people with disability in their daily life.
Neami Step Up Step Down	6323 8980	Short-term residential mental health support.
Neurological Council of WA	9938 0780	Providing support for those with neurological conditions.
Ngala Geraldton	9921 4477	Counselling, Family & Youth Support Programs.
Peer Pathways	9477 2809	Locate and access tailored supports.
Real Futures Geraldton	1800 732 538	Vocational training and employment centre and a disability employment service provider
Regional Alliance West Inc	6234 8228	Financial Counselling, Tenant Advocacy, Homelessness, Legal Advice, Emergency Relief, Prisoner Re-integration.
RUAH Community Services	13 78 24	Supporting recovery program for women & children who have experienced family, domestic, sexual violence
Salvation Army	9964 0600	Emergency relief, Doorway Case Worker, Moneycare financial advisor, crisis accommodation
St Vincent de Paul	1300 794 054	Provides food, material aid, budget advice, utility bills, advocacy & support
St. George's Anglican Church	9923 1206	Free community meal (11:30am - 1:00pm Fridays)
St. John of God Hospital	9965 8888	Private medical and surgical care
St. Lawrence's Catholic Church	9923 1343	Free community meal (12:00pm - 1:00pm Mondays during school term)
Standby Support After Suicide	1300 727 247	Supporting anyone who has been bereaved or impacted by suicide
Step Up Step Down	6323 8980	Shoret-term residential mental health support for those at risk of being admitted to hospital or leaving hospital.
Sun City Christian Centre	9964 1000	Supported, low cost accommodation centre, pre-loved clothing shop, food parcels.
Victim Support Service	9964 4816	Confidential counselling & support services to victims of crime
MEN'S SERVICES		
Centacare Men's Hub	0460 528 986	Supporting men's health and wellbeing through workshops, information, counselling, education & referrals
Desert Blue Connect's Community Intervention Service	0499 348 006	Assistance for men who perpetrate family violence.
Menshed Geraldton Inc	9960 7439	A place for men to meet (09:00am - 2:30pm Monday - Friday)
MensLine Australia	1300 789 978	For men with family & relationship concerns